

What We Are Thankful For This Thanksgiving

The Rambler staff would like to wish everyone a happy Thanksgiving. Before heading off on our break, we took a few minutes to reflect on what we are thankful for this Thanksgiving.

I am thankful for the opportunity of being able to attend Prep. I am thankful for the many teachers that work hard for my education every day at the school, especially Mrs. Kim, Mrs. Worline, and Mr. Markley. I am thankful for my family, friends, and colleagues for sticking by me so far, and helping me to be my best. I am thankful for my journalism class, for its wonderful crew, who support each other and continue to improve *The Rambler*. I am thankful for Mr. Murnock and Mr. Swanson, who continue to lead the school in the direction that befits the students, no matter how hard it gets for them. Thank you all for everything and have a great Thanksgiving!

-Dan Basheer

As the holiday season rolls around we like to call to mind what we are thankful for and try to be grateful for all the gifts God has given to us. When I try to call to mind everything I am thankful for I instantly think of family, friends, food, home, etc. I am certainly thankful for all those things, but I'm also thankful for my hair. God has blessed me with a thick, luscious, and stylish head of hair. If I did not have such gorgeous flow my life would not be the same. Every day I wake up, look in the mirror, and thank God for creating me in his loving image and giving me alluring hair.

-Daniel Bauman

I am thankful for my Cathedral Prep brothers. In the past four

years, the class of 2015 has really been through it all. We were present for the loss of both Mrs. Mullen and Mr. Del Rio, so we are among the most enduring classes. I think that because of this, I can speak for us all and say we are all thankful for life. Slightly less than that, I am also very thankful for our leaders here in the journalism club, Mr. Hubert and Ryan Signorino. Mr. Hubert has brought *The Rambler* from being a rag with some jokes on it to being a reputable news source. Thank you, Mr. Hubert.

-Eli Chase

The things I'm thankful for are slightly unique and varied. As with many of the other boys at Cathedral Prep I am thankful for the ability to go to Prep as well as my parents who push me and stretch to make ends meet and keep me at Prep. My family is incredibly influential and has helped me leave behind the public school system in turn for something better for me, so for them I am incredibly grateful. Additionally I am thankful for all of the creative people in the world who have dedicated their lives to inspiring and entertaining everyone with their brilliance.

-Joey Hickin

I am thankful for so many things in life. The first and most important thing that I am thankful for is my family. They show so much love and compassion towards me, and they are the reason that I am on this earth today. My family is always there for me, and that is the reason that we celebrate Thanksgiving together. I am also extremely thankful for the friends that I have. They are the ones that show me comfort and give me great memories. The final thing I am thankful for is my faith and God. I am so grateful for where he has put me on this earth and everything that he has provided me with. Often we take all of these things for granted when they are the most valuable things we have.

-Jack Kloecker

I am thankful for many things over this Thanksgiving holiday,

and almost every day for that matter. I am thankful for my family. I do not always show this, but I could never be where I am at now without my family to always be there for me in difficult times. I am also thankful for all of my friends; they are always there for me, but they don't have to be (like a family). They *choose* to always be at my side. I am thankful for being where I am. There are always people in a more difficult situation than myself, so I am thankful that God has given me a good life. I am thankful for all the blessings God has put in my life.

-Patrick McCormick

The things I am thankful for this Thanksgiving are my family and being around my family as well as also just being able to see one another at Thanksgiving and enjoy all the food. I am also thankful for the school I go to, the good education I get from the school I attend, and all of my helpful and hard-working teachers who teach me and get me ready for the college level. Another thing I am thankful for is my parents, and I am thankful for them because they put clothes on my back and food on the table. I am also thankful for the ability to buy me my own car and put gas in my car. I am also thankful for Mr. Hubert because he is teaching me how to write articles and be a good journalist.

-Chris Muldrew

I am thankful for a lot of different aspects of my life, and Thanksgiving is always a great time to reflect on all that I have been blessed with. One thing I am most certainly thankful for in my life is my family, especially my mother who always is there for me. Another very important group of people for me to be thankful for is the senior class of 2015 at Prep. I have made a ton of memories over the past couple of years and really appreciate all the memories I have made. Finally, I am probably the most thankful for my health and all the great items I have been blessed with from God, including my house, my car, and a wide variety of objects I have that others are

not as fortunate to have.

-Edward Ruff III

With Thanksgiving approaching, I want to reflect on what I'm thankful for. As I was writing this article, I realized that I am very thankful for the new game on my iPad called *Crossy Road*. It is a great new game created by the Hipster Whale company. The concept of the game is exactly like the classic game *Frogger*. But, in this game you start off with a chicken as the main character that you use. While trying to dodge traffic and hopping over rivers, you also collect as many coins as possible. You can then use these coins to buy new characters, which are sweet. They have more than 50 characters in the game that range from cats and dogs to frogs, horses, and people. *Crossy Road* is a fun and enjoyable game to take your mind off the stresses of the day.

-Sean Reed

This Thanksgiving, I have a lot to be thankful for. I am thankful for Odell Beckham Jr. who is the lone bright spot on a struggling New York Giants team. I am thankful for my hockey teammates for giving their 100 percent effort on the ice day in and day out. I am thankful for the police men who undergo scrutiny and discrimination so that we can be kept safe to live a better life. Mostly, I am thankful for my friends and family this year, for making sacrifices and pushing me to become the best person I can be.

-Joe Sala

As another year comes to a close, the holiday seasons brings out the kindness in all of us. As for what I am thankful for, I am going to echo one of last year's most talented writers, Sean Taylor. Sean is by far the wittiest person I have had the privilege of meeting, and when asked what he was thankful for only one year ago, he said that he was thankful for his pancreas. This is an insight that is beyond even me, as I often forget about my pancreas. So I thank Sean Taylor for bringing the pancreas and its duties to my attention, and I am

incredibly thankful for what my pancreas does for me.

-Ryan Signorino

I am thankful for the mere life that I am able to lead. I know that a lot of people are not as lucky as I am when it comes to going to a good high school and being able to pursue my own hobbies and things outside of my school life. What is there not to be thankful of? I was put into the place where I was, and I have no right to really dislike anything. My own free will (which I am also thankful for) is my own. Nobody else can take that. I was lucky, and I happily recognize it as well.

-Conrad Weiser

Video: Key Club sponsors Thanksgiving/Christmas Dinner

The broadcast journalism class has teamed with *The Rambler* to produce video content in addition to the regular print stories the journalism class typically produces. This video news story by Emilio Filippi and Trey Deitrick details the Thanksgiving Dinner being sponsored by Cathedral Prep's Key Club.

First annual Mission Cup supported by hundreds of

student donors at Prep and Villa

The first annual Mission Cup was contested this year between Prep and Villa. The leading figure in putting all of the necessary rules and regulations in place was Mr. Krahe. Mr. Krahe is one of the head staff members in the Advancement Office at Cathedral Prep. He, along with his staff, work to help raise the amount of donations that Prep receives every year. They also sort through donations and decide exactly where the donations should go towards.

Luckily, the Advancement Office got a huge lift when a Cathedral Prep alum decided to do a 60 Days of Giving fundraiser at Prep. The anonymous alum pledged that he would double every donations given to Cathedral Prep during the first 59 days. Also, on the last day, he would triple the donations.

Mr. Krahe then decided that he needed a way for Prep students to start donating even while they are at Prep. He wanted to get students involved because donating now, even a little, helps to make students aware of the need for donations and also gives them a better understanding of giving.

Teachers from Villa Maria Academy, the sister school of Prep, heard about Mr. Krahe's situation and about the 60 Days of Giving. They suggested to Mr. Krahe a competition between Prep and Villa to see who could donate the most money on the day when donations were going to be tripled. Mr. Krahe loved the idea and started the Mission Cup.

The results were better than expected and together, both schools raised over \$40,000. They also got 500 new donors as a result of the Mission Cup. Mr. Krahe said that they would like to continue to do this every year, but that requires the

students to continue to contribute to donating. The first Mission Cup was awarded to the Villa campus for having the highest student participation total between both campuses.

Unfortunately, the 60 Days of Giving was only a one year commitment by the anonymous Prep alum. Mr. Krahe said that the Mission Cup went well overall. There were some complaints, but that happens with anything that is new. When asked about the point of the Mission Cup, he said, "It was mainly to raise awareness for donating, especially because most students donate their time and talents, but always forget about the treasure part." Ultimately, the Mission Cup got the conversation of donating started, and that's all that Mr. Krahe hoped for.

Video: Introducing Col. James Fournier, Prep's new ROTC instructor

The broadcast journalism class has teamed with *The Rambler* to produce video content in addition to the regular print stories the journalism class typically produces. In this video news story by Brock Kimet and Jordan Cirillo, Cathedral Prep's new ROTC instructor Col. James Fournier talks about his first impressions from the cadets at Prep.

Video: Expanding the Latin program at Cathedral Prep

The broadcast journalism class has teamed with *The Rambler* to produce video content in addition to the regular print stories the journalism class typically produces. In this video news story by Emilio Filippi and Marius Owens, the new Cathedral Prep Latin teacher Dr. Buczek talks about the plans to expand and grow the Latin program at Prep.

Video: Chef Cirillo and cafeteria staff provide great service to Cathedral Prep students

The broadcast journalism class has teamed with *The Rambler* to produce video content in addition to the regular print stories the journalism class typically produces. In this video news story by David Nies and Nick Trageser, Chef Cirillo and Patty Stano of the cafeteria staff talk about the services that they provide to the students of Cathedral Prep.

Quarter Sessions ceremony recognizes first quarter academic accomplishments of Prep students (20 photos)

The first quarter is always one of the toughest quarters of the year. Making the adjustment from summer living with no worries to what assignments are due the next day to the stress of tests is never an easy task. Luckily, the first quarter has ended, and with it the first quarter sessions of the year took place on Friday, Nov. 14.

The honors cards always spark a heated competition to see which class is tops academically. As usual, the freshman pulled away from the rest of the school with the highest honor card percentage, followed by juniors, seniors, and lastly sophomores. No class was able to break the 50 percent barrier however, leaving room for improvement.

The guest speaker was Jack Freeman who graduated from Prep in 1972. Freeman credits much of his out success after high school to the education that he received at Prep. He has three children, two sons that graduated from Prep and a daughter that graduated from Villa. Three major aspects that Prep taught him were integrity, competitiveness, and faith.

He didn't play many sports when he went to Prep, but still could see the academic competitiveness that came with the brotherhood. He shared with us a story of how he was in a golf tournament and his son was tied on the last hole then he added a stroke that the others missed when he was in the rough and mishit the ball. At first he was disappointed in his son for

giving up the chance to win, but he quickly realized the choice he had made was one of honesty and integrity, and he was proud of him.

The first quarter sessions of the year was a huge success for the school. Hopefully the next three quarters will be even better with more honor cards than before.

Check out the gallery of photos from Quarter Sessions below:



Guatemalan students visit Prep and Villa



Cathedral Prep is incredibly well-known in the Erie area and even beyond there, from Cleveland to Pittsburgh to Philadelphia. In the past few years, however, Prep has expanded its range even further than that, and become a worldwide phenomenon. With the introduction of plenty of foreign exchange students, Prep is becoming known all over the world for its fantastic education. Since 2011, students from China, Japan, South Korea, Spain, Hungary, Taiwan, and other countries have come to Prep for an education and to be a part of the culture here. For the past two weeks, from November 3 to November 14, Prep had visitors from Guatemala visiting the school.

Prep and Villa welcomed 10 students from Guatemala to the schools for the past two weeks to see what the culture and school is like in America. Prep Director of Admissions Tim Dougherty said that over the summer he was contacted by the students' teacher with the idea. He said he, "thought it'd be good idea to introduce some diversity as well as to show people from around the world what Prep and Erie has to offer." In total 8 boys and 2 girls visited Prep and Villa.

During the school day the Guatemalan students shadowed students that were about the same age as them and experienced life in an American high school classroom. They participated and observed in class and learned about American culture. Outside of class, they were involved in the life of their host families who have graciously welcomed the students into their homes for the two weeks they are visiting. They went to athletic events, interacted with their family, and they each had a unique experience with their host family. Each family did their best to give them a great experience.

I had the opportunity to meet four of the students visiting

Prep, and two of them jumped at the chance to be interviewed. I asked Melvin Flores and Diego Gaitan how their time has been so far and they both responded that it has been really good, but that two weeks is too short. "I'd like to stay here longer," was what each of them told me. Both also said they would love to attend school in the United States, whether that is high school or college.

Diego told me that not everyone in his class came to Prep, which was only five students. He said he wanted the opportunity to come so that he could get more information about the U.S. He wanted to "see how we live and how school is here." Melvin said he came for similar reasons, and so that he could experience the culture. I talked to them after they had only been at Prep for five days, but they said that so far it had been "really good and cool." They said the kids at Prep had all been really nice. They both put heavy emphasis on their love for the lunches, saying that was probably their favorite part. Each of them also wanted to check out the CPEC to see where we played sports.

In the future, each said they would like to attend college. Melvin said he would really like to become a veterinarian. "I want to be a vet, but like out in the wild, and help different species like elephants and monkeys," he said. He also said he might be interested in being a biologist. Diego had a bit of a bigger dream. "I would like to be famous because I like to sing and play guitar," he said. "If I can't do that, I'd like to be a doctor."

Mr. Dougherty said that while he has no plans to do something similar to this in the future, he is open to the possibilities and would make considerations. Last year Prep had students visiting from India, and now this year students from Guatemala, so there is no telling where kids may come from to visit Prep. Mr. Dougherty wrapped up the interview, saying, "Cathedral Prep is truly becoming world renowned."

Champion of Breakfast: Which cereal reigns supreme?

Apple Jacks by Ryan Signorino

Mornings are a tough time to make decisions. And they also happen to be when one of the toughest choices of the day is made: what cereal to have for breakfast? Whenever I have a craving for cereal, my immediate thought turns to Apple Jacks. Whatever the food, the combination of apple and cinnamon is irresistible. This is especially true early in the morning. The crunchy green and orange O's soak up just the right amount of milk to have a crunch but also to be a little soggy and chewy, just the way cereal should be. Apple Jacks also has arguably the two greatest mascots in cereal history behind Tony the Tiger, Bad Apple and CinnaMon, who dominated the television commercial market back in the day. Although they aren't as big now, they still feature them on the Apple Jacks box. Even those who are not fans of apple, or, somehow, not big on cinnamon, will undoubtedly agree that the mixture of the two flavors that Apple Jacks possesses is absolutely delicious and is far better any other breakfast cereal. So if hunger strikes or you crave some cereal, reach for some Apple Jacks, and you will definitely not be disappointed.

Cap'n Crunch by Dan Basheer

Cap'n Crunch was invented in 1963 and manufactured by Quaker Oats company. It is a combination of brown sugar, butter, and rice. It was one of the first cereals that required an oil coating to support the taste of the cereal. When it first started to be advertised on TV, the slogan futures was "It's got corn for crunch, oats for punch, and it stays crunchy, even in milk." The company even gave the mascot a full name, which was Horatio Magellan Crunch. It has many flavor

varieties that include peanut butter, berries, cinnamon crunch, choco crunch and a Christmas crunch. It is a very tasty, and original, cereal that can full full your morning breakfast needs.

Cheerios by Conrad Weiser

Cheerios. One of the most basic staple cereals out there. What makes this little treat special and stand above the rest? Let's take a look at nutrition. These plain little circles, despite not having much taste to them, lack the large quantities of artificial flavoring that others put in them for taste. Whole grain is also an important part about Cheerios. Having fans ranging from infants to the elderly, most everyone can enjoy this cereal now and then. Its uses are also very broad. Take this example for instance. You are sitting in church with your child, and he or she starts crying. What do you do? Merely reach over, grab your trusty bag of Cheerios, and pop it into his or her mouth. What do you have as the outcome? Successful parenting. Give Cheerios a try. Despite being a staple, it sure is very healthy for you.

Cinnamon Toast Crunch by Pat McCormick

Cinnamon Toast Crunch is a brand of whole grain cereal created in 1984 by General Mills and Nestle. Cinnamon Toast Crunch is small squares of wheat and rice that are covered in cinnamon and sugar, and they have an artificial cinnamon swirl on every piece, inspiring the catchphrase, "The taste you can see!" Due to the additional B vitamins added to Cinnamon Toast Crunch, it provides 25 percent of one's recommended daily dose of Iron, B6 and B12, and Zinc. One serving of Cinnamon Toast Crunch cereal (3/4 cup or 31 grams) has 130 calories. A single serving has 1g of protein, 3g of total fat, 25 g of total carbohydrates (with 2g of dietary fiber) 40g of sugars with 1,455g of other carbohydrates, 220 mg of sodium, 45mg of potassium, a half gram of saturated fats and no grams of trans fat. "Crave Those Crazy Squares!"

Frosted Flakes by Joe Sala

Breakfast is the most important meal of the day, so it's always good to choose the right food to start. Frosted Flakes is the dominant cereal, hands down. The box is the first thing that lures buyers in. Whether you look at the tiger mascot saying "They'reeeeee great!" or the vibrant blue and orange color scheme, you are bound to catch a glimpse. The idea is simple, frosted corn flakes. The combination of sweet and crunchy is hard to beat, especially in a bowl with cold milk. It helps give you the perfect jolt of energy in the morning to get through a long school day. They come in different flavors like original, chocolate, or reduced sugar.

Frosted Mini Wheats by Eli Chase

If you want a delicious, easy, healthy breakfast, then you better pour yourself a bowl of Frosted Mini Wheats. Each serving contains 170 calories, but only 5 calories from fat, meaning the remaining 165 calories will go straight to your body's energy and get you ready for the day. You also get a solid 5 grams of protein, which are the building blocks of your body. Frosted Mini Wheats clearly have the health factor conquered, but opposed to many other "healthy" cereals, they are very tasty as well. Each mini wheat is frosted with powdered sugar. The sugar, milk, and wheat combination is exceptional. Frosted Mini Wheats are simply the epitome of breakfast cereals.

Fruity Pebbles by Chris Muldrew

Many people know the cereal Fruity Pebbles. I asked some students around Cathedral Prep and their opinion was that Fruity Pebbles are good and that they should be in more stores. They also miss the Fruity Pebbles and the Flintstones commercial that used to come on. Fruity Pebbles were a lot of students favorite cereal growing up as kids, and once they got older they just forgot about them. I did a survey on three cereals: Fruity Pebbles, Rice Krispies, and Captain Crunch, I asked about 20 to 40 students in Cathedral Prep which cereal they liked better and would want to eat right now, and Fruity

Pebbles was the one most of them picked. After I reminded them of Fruity Pebbles, some students said they are going to try to find some in the stores.

Golden Grahams by Sean Reed

Golden Grahams contain 11 grams of whole grain per serving. A whole grain food is made by using all three parts of the grain. All General Mills Big G cereals contain more whole grain than any other single ingredient. Golden Grahams are golden squares topped with cinnamon and sugar in every bite. They are the best cereal because they taste exactly like graham crackers, which I love, and also help to provide me with a balanced breakfast. The best way to have a bowl of Golden Grahams is by adding milk and letting the Golden Grahams soak it all up. Remember to think GOLDEN next time you wake up and have breakfast!

HoneyComb by Jack Kloecker

HoneyComb is a cereal made by Post Foods that were created in 1965. This honeycomb shaped crunch is made of honey flavored corn. Post Foods have been looking to please their customers several times with the HoneyComb after trying to change the formula of these cereal bits twice. This did not stop people from buying them though because it is still one of the top leading cereals that people buy. Personally, HoneyCombs is one of my favorite cereals. I am a person that works in cycles when it comes to breakfast. When I am in my HoneyComb stage, this is when I consume the most cereal. I'll eat at least two bowls at a time and often twice a day. So, if you're stuck on what you should eat for breakfast in the morning, try HoneyCombs, and I'll assure you that you'll be making several trips to get more.

LIFE by Oliver Wiesner

Life's good. LIFE makes life good. I don't think I need to further my case for the most normal cereal ever created, and I say that with utmost respect. Never have I enjoyed a breakfast food as much as I have LIFE. The wheat-infused four centimeter

squares go perfectly with a cold bowl of milk and a tall glass of OJ. Mix that in with the Sunday comics and the view of the sun breaking the tree line and you've got one of the GOATiest experiences one could possibly live out before ten in the morning. There's a reason LIFE cereal is called LIFE: it makes eating breakfast healthy, delicious, and most of all, memorable. So go out and do something new, eat some LIFE cereal!

Lucky Charms by Joey Hickin

When considering cereals in the morning little stands out besides Lucky Charms. Lucky Charms is a cereal filled with marshmallows and sugar coated grain. The cereal easily stands out as my favorite not only for the cereal but the mascot, Lucky, is an awesome character. Lucky is a leprechaun but unlike your normal boring leprechaun, Lucky has some fun qualities. First, he doesn't have your regular old boring pot of gold. Instead he has an awesome cauldron full of Lucky Charms, and you can only eat this awesome cereal by catching him like the kids. But in the end you'll always run out and have to go and get more cereal, starting the cycle again. Lucky Charms remains the best cereal because of its mascot and the cereal itself.

Reese's Puffs by Edward Ruff III

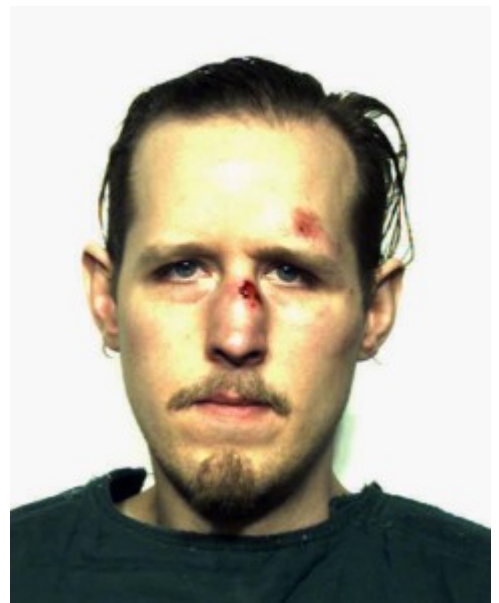
Reese's Puffs could be the most innovative cereal to ever grace the shelves of supermarkets across the globe. They are a mix of the world's most popular candy and a crunchy goodness that is unparalleled by any other example of a cereal. For those who are not familiar with the actual taste of Reese's Puffs, it is like a dive into heaven. It has the perfect combination of a crunch that everyone likes in their cereal with an introduction to just the right amount of peanut butter to compliment the crunch. In addition, it also adds a mouthful of chocolate, just the ingredient every child wants before they head off to school. All in all, Reese's Puff cereal is the "cream of the crop" when it comes to cereal.

Rice Krispies by Daniel Bauman

Let's be reasonable. There are a lot of delicious and nutritious cereals. It is unfair to name the best, but a fair argument can be made for any cereal. It's hard to dispute the simple yet amazingness of Rice Krispies. A bowl of it is a great way to start off your morning or even end your day with a snack before bed. Rice Krispies has been creating the same great product for 80 years. Not many cereals have the same rich tradition. In addition to a bowl of cereal, you create a scrumptious snack. Everyone loves Rice Krispies Treats. You can have a fun baking experience with friends and/or family and have a delicious snack in return. Don't forget Cocoa Krispies, the chocolate version of the best cereal. My personal favorite and a great choice whenever you are looking for a tasty bowl of cereal. Everyone knows you cannot resist the "Snap, Crackle, Pop" sensation of Rice Krispies.

Manhunt ends with arrest of suspect Eric Frein

On Sept. 12, 2014, two Pennsylvania state troopers were ambushed at a Pennsylvania State Police Barracks, in Blooming Grove, Pa. One officer, Cpl. Bryon Dickson, was shot and killed outside of the barracks, while a second officer, Alex T. Douglass, was shot and wounded outside of the barracks.



The Pennsylvania State Police, and the Feds, were then led on a 48-day man hunt, in search of the person who had fired upon the State Police Barracks. After several weeks of searching, the police had a number of new pieces of evidence; including guns, ammunition, food, clothing, campsites, used diapers, and homemade explosives, which led to the finding of suspect Eric Frein and also added several additional charges.

On Oct. 30, a group of 13 U.S. Marshals were running a routine sweep through the woods when they came across an abandoned airport hangar near Tannersville, Pa. Frein was taken by surprise in a field near the airport hangar and was unarmed at the time of detection. Frein obeyed orders of the Marshals, as he laid on his hands and knees, and told them his name, "Matthew Eric Frein."

He laid on the ground, with his head up at the officers, watching them as they walked towards him. As a Law Enforcement Officer, you do not want a fugitive watching you as you approach them, for they may anticipate that officers next move. Frein was told to put his head on the ground. While he did this, it is said, he got scrapes on his nose and face. Frein was locked in the handcuffs of his victim – Cpl. Byron Dickson – then taken away in his patrol car and finally was taken to the Blooming Grove Police Barracks.

After being taken to Blooming Grove, Criminal Defense Attorney, James Swertz, called and arrived at the Blooming Grove Barracks, just 3-1/2 hours after being arrested. Swertz says, "I was told, 'He's an adult and has not asked for a lawyer.'"

"I called and I tried to get in to see him. I invoked his right to counsel, I was told that I would not be given access to Eric, and that Eric would not be told that a lawyer was trying to see him."

On Friday, Oct. 31, he appeared in Court, in front of a Pike's

County Judge. When the judge asked Frein if he understood the charges against him (murder in the first degree, homicide of a law enforcement officer, attempted murder in the first degree, attempted homicide of a law enforcement officer, assault of a law enforcement officer, possession of weapons of mass destruction, discharging a firearm into an occupied structure, possession of an instrument of crime, reckless endangerment, possession of a weapon of mass destruction) to which he firmly responded, "Yes I do." District Attorney Raymond Tonkin states that prosecutors plan to seek the death penalty.