

Cathedral Prep Swimming Outlook

As the temperature starts to cool and snow begins to fall, things have started to heat up at the David M. Hallman III Aquatics Center. The 2017-2018 Cathedral Prep swimming team has plans to avenge its second place finish to Grove City High School at the PIAA Class AA Championships last year. This year they plan to make history by becoming the first team in school history to capture a state title at Bucknell University, on March 14-17, 2018.

Prep will have rely on a strong senior class this season if they want to take home the crown down in Bucknell. After losing Tony Squeglia, the District 10 Class AA 200 freestyle record holder as well as a three-time state medalist down in Lewisburg last year, and Jacob Schmidt, who swam on both the silver medalist 200 freestyle relay, and fourth place 400 freestyle relay last year.

“Our team this year is built around winning relays and putting as many people into finals as possible,” said head coach Mike Doyle. “We can put multiple people into finals this year at states and pick up a lot of points, something no other team can do.”

A tough schedule lies ahead of the Ramblers. Leading the team into battle this year are seniors Calvin Behm (co-captain), Alec Thomas (co-captain), Thomas Uht (co-captain), Matthew Wegley (co-captain) and Mitch Cizmek. They will compete in two invitationals, the Prestigious Viking Invitational in Cleveland, Ohio and their own, the Cathedral Prep/Villa Maria Christmas Invitational. Their schedule features New York Powerhouse Canisius High School, and a quad meet in Pittsburgh featuring three strong WPIAL programs. Some of their biggest competition though, will come from region rival McDowell High

School. McDowell, who swept the District 10 Class AAA Championships last year at the Spire Institute, is expected to give the Ramblers all they can handle. A strong core of seniors, including Ryan Snyder, Austin Intrieri, John Vieira, Jacob Fleming, and Bobby Bolmanski, who all picked up multiple gold medals last season, will lead the Trojans in scoring against Prep.

Returning for the Ramblers this year is a plethora of talent. They return all four members of the state champion 200 yard medley relay team which includes sophomore Ethan Neff, Junior Robbie Maholic, Senior Calvin Behm, and Senior Thomas Uht. In the 200 freestyle senior Alec Thomas who medaled in the event at states last year will be joined by district medalist Mitch Cizmek. The 200 Individual Medley has become a stronghold for the Ramblers as Calvin Behm, JP Stark, and Ethan Neff placed second, third, and fourth in last years district meet. In the 50 freestyle, Thomas Uht is the only returning district medalist from last year but will be joined by some younger talent like Gavin Ferry who placed in the top ten. The 100 butterfly returns three district medalists, Robbie Maholic, Matt Wegley, and Gavin Ferry who placed third, fifth, and sixth respectively. The state runner up 200 freestyle relay returns two members, Alec Thomas and Thomas Uht.

On the second day of competition the Ramblers look for Thomas Uht to set the tone in the first event of the night, the 100 freestyle where he medaled last year. In the 500 freestyle, Alec Thomas won the gold last year and was joined on the podium by Matt Wegley. Freshman Ethan Neff a state medalist in the 100 backstroke returns with Robbie Maholic who grabbed the silver medal at the District 10 meet. The 100 breaststroke is another one of the events in which Preps depth can truly shine. JP Stark looks to defend his title and Calvin Behm who placed third last year will be joined by Andrew Campbell, a newcomer who can join them atop the podium this March. In the 400 freestyle relay, Alec Thomas and Thomas Uht are the only

returning members, but look to sophomore Ethan Neff and Calvin Behm to fill the missing pieces.

Cathedral Prep swimming comes up short in state title run

This past weekend in Lewisburg, Pa, at Bucknell University, the Cathedral Prep swim team took to the pool one last time in the 2016-2017 swim season. After months of hard work and dedication the D-10 champions were on the hunt for their first ever team state title in school history. After weather delays and closed highways the PIAA AA Boys State Meet was moved back a day and was now timed finals instead of a prelims finals format.

On the first day the Ramblers were looking strong after the first event, winning the boys 200-yard medley relay. A DQ by the winning team bumped the Ramblers up to the top of the podium where they were able to claim the gold.

In the 200 freestyle two different Prep swimmers made the podium, Tony Squeglia finishing fourth and Alec Thomas seventh picking up valuable points.

In the 200 IM Ethan Neff, Calvin Behm, and JP Stark all failed to make the podium but picked up points with Behm's 13th place finish and Ethan Neff's 16th place swim.

In the 50 free the Ramblers picked up no points but Thomas Uht picked up a 24th place finish.

In the 100 fly, no points were picked up either. Matt Wegley and Robbie Maholic finished 25th and 29th, respectively.

In the 200 freestyle relay Prep came in second, losing to only a state record winning time with the team of Alec Thomas, Jake Schmidt, Thomas Uht, and Tony Squeglia.

Coming into the second day the Ramblers were down a whole handful of points but were still ready for a fight. Starting off on the second day Tony Squeglia highlighted the 100 free for Prep with a 13th place swim.

In the 500 free Alec Thomas came in touching tenth and picked up more valuable points for the team.

The 100 back was a great race with freshman Ethan Neff nabbing a fourth place finish and a spot on the podium.

In the 100 breast Calvin Behm and JP Stark both finished outside of the top 16 as Prep blanked for points in that event.

In the final relay, the 400 freestyle the D-10 record holding team finished in fourth place with Alec Thomas, Jake Schmidt, Thomas Uht, and Tony Squeglia.

The Prep swim team came up a few points shy of first and, without divers, the team would stay in second place.

“Although this is not what we wanted, I’m still proud of all the boys. It was a great season,” said head Coach Mike Doyle. The Ramblers will be hanging up their suits and goggles until next fall when they will start the journey all over again.

District 10 Swimming Set For This Weekend

This weekend, the Ramblers will take the long scenic drive down I-90 and cross the Ohio state line for the PIAA District 10 Swimming Championships. For the third year in a row, on March 2-3, swimmers from both AA and AAA will compete at the Spire Institute in Geneva, Ohio.

Formerly known as the Michael Johnson performance center this Olympic training facility will hold one of the most anticipated swim meets of the year. The Ramblers who are the region champs as well as being 16-0 on the season will look to capture a new title this year. After winning the last 14 District Ten AAA titles, they have been moved to the AA competition. This is no blessing for the Ramblers as they stack up against defending state champions, Grove City.

“We have been under the gun before and won. We have trained enough and have prepared enough to keep our streak going and to win another D-10 title,” said team captain Tony Squelia. It looks promising for the Prep team to dethrone Grove City after a 127-56 win earlier in the year. The team isn’t resting on this win but want to do it again.

Freshman Ethan Neff said, “We all know what we need to do, and we all need to swim fast. If we do our jobs we can see a wide margin win again but anything can happen.”

As the team makes their final preparations towards the pinnacle meet of the year, spirits are rising. “If this meet reflects the work we have done this season we will be unstoppable. This possibility of us grabbing the state title and D-10 gold has really motivated us,” said Senior Jake Schmidt.

The team is now focusing on the more technical side of racing

as the day soon approaches. They have taken time to visualize their races and do make a game plan when attacking each event. " This is important because anyone can train hard and swim fast, but this gets wins in the close races and fires our guys up, we "turn the dials", said assistant coach Doc Morosky.

The two day swim meet starts this Friday, March 2 at 2 p.m. with the 200-yard medley relay up first. The team of Ethan Neff, Calvin Behm, Robbie Maholic, and Thomas Uht are the favorites to win seeded first by a little over a second. Next up is the 200 freestyle, Alec Thomas holds the number one seed by a mere 3 tenths of a second to fellow Rambler Tony Squelia. Mitch Cizmek and CJ Girts hold the 11th and 12th seeds as well. In the 200-yard individual medley, it looks like this one may be a barn burner. Rockwell Pokrant of Grove City takes the top spot with Calvin Behm less than a half second back. The final heat will be crowded with Ramblers as Ethan Neff holds the 3 spot, JP Stark the 5th, and Sean Zhao rounding out the field with the 12th.

In the splash and dash or 50 freestyle, the rested Ramblers look to come out of shadows and take this one. Thomas Uht and Jake Schmidt have the 4 and 5 seeds but the top 7 are separated by less than a second. They look to come from the outside and pick up spots on the podium, with Gavin Ferry and Jack Kloecker sitting in the second heat. In the last individual race of the night the 100 butterfly, Robbie Maholic, Gavin Ferry, and Matt Wegley have a great shot at the podium. They hold 3rd and 5th spot and 6th spots and could easily pick up spots on the outside. Robbie Lupu sits in 13th.

In the final event of the night, all eyes will be on the middle of the pool as Ramblers look to take the 200 yard freestyle relay. The team of Jake Schmidt, Robbie Maholic, Tony Squelia, and Alec Thomas look to upset top seed Grove City who's seeded only 3 tenths of a second ahead making this anyone's to win or lose.

On the second day the Ramblers look stronger than ever with the first event, the 100 yard freestyle with a top seed. Tony sits atop the swimmers with a blazing 48.94, with defending champ Marcus Swartsfegar less than a half second behind. Thomas Uht and Jake Schmidt highlight the other Rambler sprinters less than 1 second off the lead in the 5 and 6 spots. Freshman Robbie Lupo sits in 20th. In the 500 freestyle the PIAA longest event the Rambler distance squad looks to make an impact and pick up valuable points for the team. Junior Alec Thomas sits in first about 6 seconds ahead of the field. Mitch Cizmek and Matthew Wegley with race on the outside in this heat as this is one of the most tightly packed group of swimmers especially for a distance race. CJ Girts will highlight the heat before being the top spot there looking to run away with it. In the 100 backstroke Prep shows why it's turned this event into one of its most dominate. Ethan Neff and Robbie Maholic are seeded first and second by a wide margin. Freshman Jacob Clark with appear in the final heat as well and fellow freshman Mikey Rahner will swim in the middle of the pool the heat before. The 100 breaststroke top seed Calvin Behm who recently committed to Pacific to play water polo will race for D-10 gold in a tight heat. Sean Zhao and JP Stark will also compete in the final heat. Andrew Campbell will also be swimming this in his lone D-10 race in this event.

In the last event, and one the most exciting the Ramblers sit behind defending state champ team Grove City by 2 seconds. If you remember anything about last years 400 free relay the Prep team beat McDowell in a swim off for the D-10 titles dropping over 8 seconds throughout the meet. Two returners from that relay, Alec Thomas and Tony Squelia, are teamed up with Thomas Uht and Jacob Schmidt look to work their magic and come away with that one.

As the Ramblers look to make a statement in the AA competition come out and support the team as they chase an unprecedented

15th straight D-10 team title. Also please congratulate the Rambler diving team as Ryan Garich took 6th and Race Nicolia and Zachary Gala picked up valuable points for the team last weekend at McDowell.

Prep swimming downs McDowell

On Thursday, the Ramblers took to the pool at the David M. Hallman Aquatics Center for a battle with arch rival, McDowell. Coming off of Christmas training and both teams having good wins under their belts, both schools were geared up and ready to race.

Jake Schmidt, team captain for the Ramblers, commented, " It's always nice when we get to swim [against] McDowell. We know that they are going to push us and we are going to push them because we both want to win."

That was the case on Thursday night as both teams churned up the water, in front of a packed house, fighting for the top spot. The meet started out on a strong positive note for the Ramblers as the team of Ethan Neff, Calvin Behm, Robbie Maholic, and Thomas Uht took the 200-yard medley relay in decisive fashion. Ethan Neff said of the win, "It's always good we win that first event. It sets the tone and everyone gets fired up."

In the 200-yard freestyle Bobby Bolmanski won the event for the Trojans, but the Ramblers took second, third, and fifth, picking up vital points. In the 200-yard individual medley a 1-2-4 finish increased the lead. Ethan Neff, John Paul Stark, and CJ Girts helped extend the lead. Heading into the 50 freestyle the sports "Splash and Dash" Thomas Uht and Jake Schmidt nabbed the 2-3 spots behind McDowell by only a few

tenths of a second.

Heading into diving Prep had a healthy lead and things were looking up. Junior Mitch Cizmek said, "The team was fired up. We've never lost in this pool, and the first half of this meet showed why." In the diving portion of the meet though it was all McDowell as they picked up the 1-2-4 spots with Kollin Schwab picking up the win with 288.05 points. Prep divers Ryan Garich took 3rd with 214.44 points and Zachary Galla 5th with 129.80 points. Prep's lead had shrunk, but there was a lot of swimming still to come.

After the break in the action Prep started off with a bang in the 100 yard butterfly. Robbie Maholic took the win with a 55.56 and Ramblers Matthew Wegley and Gavin Ferry nabbed the 3rd and 4th spots. In the 100 freestyle Tony Squelia picked up a dominant win by almost a second as he took the event with his Prep teammates Calvin Behm and Jake Schmidt getting 3rd and 4th. In the 500 free Prep lost some ground as McDowell took the 1 and 3 spots with Preps Alec Thomas coming in second. CJ Girts and Mitch Cizmek got 4th and 5th in the PIAAs longest event.

The next big event to come up was the 200-yard freestyle relay, an event that both McDowell and Prep have turned into one. "Relays are so important because they are worth double points. They are crucial if you want to take the title," commented assistant coach Cody Capwill. The Ramblers came up big and won the relay, now almost clinching the meet and extending the lead.

Traditionally over the past couple seasons, Prep has made the 100-yard backstroke their bread and butter event. An easy 1-2-3 finish by Ethan Neff, Robbie Maholic, and Jacob Clark solidified the meet for the Ramblers. They didn't let up there though with a strong showing in the 100 breaststroke, taking 2-4-5 with Calvin Behm, Sean Zhao, and John Paul Stark. In the last event of the night the Rambler swim team finished the

meet in style with the team of Thomas Uht, Jake Schmidt, Alec Thomas, and Tony Squelia taking the 400-yard freestyle relay in a near pool record fashion.

The Cathedral Prep swim team beat the McDowell Trojans 112-74. "This is a good win for us, we have a lot of big meets coming up but this is a very good indication of where we are with districts and states coming up," said head coach Mike Doyle. The Ramblers are back in action at home this week versus the Mercyhurst Prep Lakers Thursday at 6 p.m. and Canisius High School on Saturday at noon.

Preview of Prep's Swim Season

"10 100s on 1:10." To a non-swimmer, this sounds like a bunch of nonsense. To a swimmer, this is a workout that feels the opposite of good. The Cathedral Prep swim team grinds through interval workouts like this and technique exercises every day to get their times down. The team swims six days a week and lifts three of those days.

A couple of things have changed in the past year. First of all, this will be the team's first full season practicing at the PVEC Aquatic Center. The David Hallman Aquatic Center houses an eight-lane, all-deep pool, as well as a three-lane, shallow warm-up pool. Compared to the old four-lane, 20-yard pool in the school, this is a major improvement. Also, Prep's team has switched to AA this year, after having been AAA for many years. As Coach Mike Doyle has stated, "The goal, now, is to win states."

With the change in division, Prep will be facing new competition at the district and state level. While dual meets will stay the same, with Prep swimming teams within its

region, districts and states will have Prep competing against new competitors, such as Fairview.

Led by captains Jacob Schmidt and Tony Squeglia, the team has a lot of potential. On the sprint side of things Prep has Jake Schmidt and Thomas Uht tearing up the 100 and 50 freestyle. On the distance side of things Prep has Alec Thomas and Mitch Cizmek grinding through the 500, and Tony Squeglia tends to dominate the 200.

Swimming breast stroke are Calvin Behm and John Paul Stark, swimming butterfly are Matthew Wegley and Tony Squeglia, and swimming backstroke are Robert Maholic and Ethan Neff, who broke the pool record in the 100 backstroke as a freshman. Take note that each swimmer is not limited to only swimming these events. These just happen to be what they have become known for on the team. What makes Prep's team a force to be reckoned with is its depth. It is made up of well-rounded swimmers who are capable of competing in many different events.

The future looks bright for the Cathedral Prep swim team. From the seniors to the freshmen, each class has talent. You can catch them in action against rival McDowell at 6 p.m. on Jan. 5 at the David Hallman Aquatic Center at PVEC.

Swim/Dive team wins 14th straight D10 title

On March 4th and 5th the Cathedral Prep swim team took to the Spire Institute's pool for the District 10 meet. All teams from both the AA and AAA division gathered to participate in the much anticipated meet.

The week before the swimming championships the diving championships were held at McDowell. Junior Ryan Garich took 4th place in the District 10 AAA division with a strong showing in his second year diving. Sophomore Race Nicolia in his first year diving for Prep took 6th in the championships.



Senior David Rahner celebrates his win in the 100 back with his favorite coach Colleen Parsons.

Going into the swimming portion of the championship Prep was 36 points down to McDowell. The quartet of David Rahner, Austin Hancock, Pat Steele, and Quinn Fischer started the weekend off right away with a bang, winning the 200 medley in a demanding fashion. Rex Riley kept the momentum going for Prep winning the 200 freestyle, breaking the meet record by more than 2 seconds. McDowell quickly fired back in the 50 freestyle, taking first and second place. McDowell kept going, winning the 100 butterfly next. Despite McDowell's win in the butterfly, Pat Steele, Tony Squeglia, Matt Kerner, and Robbie Maholic took second, third, fourth, and fifth canceling out McDowell's points for taking first. In the final event of the day McDowell took home another win in the 200 freestyle relay.



The Prep Swim team celebrates their 14th straight D10 title.

Upon the start of the second day Prep was up a menial 1 point to McDowell. The team had their work for the day cut out for them. In the first event of the day, the 100 freestyle, McDowell took first and second. Next in the 500 freestyle McDowell took home another win, putting Prep down more than they were projecting at this point in this meet. David Rahner, winning the 100 backstroke, turned the tides for Cathedral Prep. Keeping the momentum going, Rex Riley won the 100 breaststroke, for the second time in the meet, in record breaking time. Going into the final event Prep was up enough point that they were able to win the meet by not disqualifying or getting anything less than 3rd in the 400 freestyle relay. The relay of Tom Squeglia, Alec Thomas, Tony Squeglia, and Rex Riley were not taking the easy way out, actually tying McDowell for first place causing the two relay teams to enter a swim off for the one available bid to states. The officials allowed plenty of time of rest for the teams by doing all of the awards and letting them warm down and up after the first race. With all the teams crowded around the pool to witness the two rivals go at it, Cathedral Prep won with a better time than their first swim. Concluding the meet, Prep finalized their 14th straight District 10 title to continue their indisputable regime in the sport.



Prep swim team defeats McDowell

The David Hallman III Aquatics Center opened on Jan. 18 for the Prep swim team's first practices in the new facility. Since the opening Cathedral Prep has hosted numerous swim meets in the state-of-the-art facility against Strong Vincent, Central Tech, St. Ignatius, Warren, East, and Mercyhurst. All of those meets were convincing wins for the team. The real challenge came with McDowell's swim team.

After being rescheduled twice due to issues with the temperature of the pool, Prep and McDowell finally met on Feb. 5 for the second time this season. In their first meeting McDowell took home a win that was decided by a couple very close and contested races.

The Cathedral Prep swim team opened the rematch with a demanding win in the 400 medley relay, won by David Rahner, Austin Hancock, Pat Steele, and Quinn Fischer. Rex Riley and Alec Thomas kept the momentum going winning the next two events, the 200 freestyle and 200 individual medley. McDowell came up with an astonishing comeback right before the diving

portion taking first and second in the 50 freestyle.

McDowell kept the comeback tone, taking first and second in diving and then winning the 100 butterfly. Rex Riley took a demanding win in the 100 freestyle to quickly change the atmosphere. McDowell fired back winning the 500 freestyle and the 200 freestyle relay by 0.03 seconds. In the final three events the dagger in the coffin came from Prep's own Thomas Uht and David Rahner, who came in first and second in the 100 backstroke. Austin Hancock was able to finalize the win before the last event, winning in the 100 breaststroke. Despite securing the win Tom Squeglia, Tony Squeglia, Alec Thomas, and Rex Riley won the 400 freestyle relay. The Prep swim team finished with a 104-82 win over McDowell.

Winter Sports Preview

As the last leaves have fallen, the temperature starts to drop below freezing, and everybody's jackets come out, there is but one thing on a lot of Cathedral Prep students' minds, the start of winter sports season. This year's winter sports will be yet another exciting season for the Ramblers with many top athletes in every sport returning to the stage.

Swimming & Diving

Coming off of their 13th straight District 10 title the swim team looks to continue their dominance in the pool. After many key losses from last year's team like Daniel Bauman, Eli Chase, Reid Morrison, and Norman Stark the team is looking for an intense rebuilding year. With the help of top swimmers Rex Riley (senior), Alec Thomas (sophomore), David Rahner (senior), Pat Steele (senior), Tom Squeglia (senior), Tony Squeglia (junior), and Calvin Behm (sophomore) coach Mike

Doyle is excited for a standout team from previous years. The team's spirit also seem to be revived within the first week of practice with the return of Daniel Anthony (senior) after taking a year off, bringing a whole new level of excitement to practice according to swimmer David Rahner. The diving team is also very excited this upcoming year with new coach Francis Kloecker and an increase of interest in the sport improving from the mere one diver they had last year, which is up to four this year.

Basketball

The basketball team is very excited in hopes for a big season after making it to the final four in last year's state tournament, losing to power house Archbishop Carroll in a tough match up. Although losing many top players, the basketball team has many returning figures that we can expect major impact from for a hopeful state championship run similar to last year's. We can look forward to seeing Carter Cross (senior), Jaryn Simpson (junior), Dajon Heidelberg (senior), Jose Casiano (senior), JT Bowen (senior), and Peter Jefferys (senior) to make some magic happen on the court. They will be filling the lead roles of Matt Colpoys, Joe Fustine, Antonio Frisina, and Charlie Fessler from last year's team.

Wrestling

The wrestling team shows potential for a year to remember, only losing three starters from last year's lineup, and gaining two top ten nationally ranked freshman. Placing second last year in the District 10 meet the wrestling team hopes to improve to first place with returning D10 winners Brady Sittinger (junior) and Mike Hughes (junior) and senior leaders Brandon Sauers, Phil Selker, Ta'Nauz Gregory, Mike Caugrove, Mike Stark, and Phil Sweny. We can expect a lot to come this season from the mats of Cathedral Prep's very own wrestling team.

Hockey

After last year's phenomenal season the hockey team hopes to repeat their state championship win. The hockey team will have some bigger obstacles to overcome this year after being moved up from AA to AAA because of their dominance the last four years. This obstacle has proven true in their first portion of the season, as the team is currently 2-4-1, losing in very contested match ups. Senior captains Joe Sala, Joe Kelly, Jack Zaphiris, and Jack Becker look to fill the pivotal losses of last year's team, Trevor Faulkner, Ben Eliason, Jack Kelly, and Hunter Emerson to turn the season around and make a state championship run once again.

Prep swim team sweeps second annual Erie County Aquatic Hall of Fame Relay meet

On Saturday, Jan. 3, the Cathedral Prep swim team took part in the second annual Erie County Aquatic Hall of Fame Relay meet at McDowell High School. For those readers who do not know swimming, every normal high school meet consists of eight individual events and three relays, for a total of 11 events in the following order: 4 x 50-yard medley relay, 200-yard freestyle, 200-yard IM, 50-yard freestyle, 100-yard butterfly, 500-yard freestyle, 4 x 50-yard freestyle relay, 100-yard backstroke, 100-yard breaststroke, and at last, the 4 x 100-yard freestyle relay. This relay meet served to break up the monotony.

This meet, as the name would suggest, consisted entirely of relays. The order of events was the 4 x 100-yard medley relay,

4 x 800-yard freestyle relay, 3 x 100-yard backstroke relay, 3 x 100-yard breaststroke relay, 4 x 50-yard freestyle relay, 3 x 100-yard butterfly, 850-yard crescendo relay, and at the end, as always, the 4 x 100-yard freestyle relay. Cathedral Prep won every single event. Out of the three other teams there (Fairview, McDowell, and Mercy), none of them could put together even one relay that could defeat Prep.

Cathedral Prep junior Rex Riley set a pool record at McDowell after leading off the 3 x 100 breaststroke with a 58.54. Sophomore Anthony Squeglia, senior Norman Stark, freshman Alec Thomas, and junior Thomas Squeglia broke the meet record in the 4 x 200 freestyle with a time of 7:33.35. They each split in the low 1:50s. Anthony Squeglia helped set another meet record along with Pat Steele and Reid Mercatoris-Morrison with a time 2:47.95. Anthony went 56.39, Pat went 55.98, and Reid went 55.58. So far, this season tastes like victory.

2014 Winter Sports Preview

Cathedral Prep athletics experienced (and still is experiencing) much success in the first season of the 2014-2015 athletic calendar. This fall season, the Ramblers saw Sean Reed and the soccer team reclaim the District 10 trophy from McDowell, bringing the trophy back to Prep. Several "XCers" ran straight to the state meet to represent the school. Golfer Ryan Poduful represented the Ramblers down in Heritage Hills coming home with a 15th place medal proudly hung around his neck. The water polo team fought hard with senior Daniel Bauman leading the Ramblers to an astounding fourth place finish in the state tournament. Football is rolling through their season with an undefeated record and a lengthy playoff run still to come. This success

will hopefully follow the Ramblers right into the winter sports season as they compete in indoor track and field, wrestling, swimming, basketball, and hockey.



“On your mark. Get set. Go!” Senior track athlete Bryce Boyd prepares to take off!

Coach Chet “the Jet” Moffett’s last season as the Cathedral Prep track coach took place this past year. He brought excellence and enjoyment to the teams for more than 10 years and will be missed. With his departure as coach, he leaves behind a large pair of shoes that still need to be filled. As the new indoor and outdoor track and field coach for both Prep and Villa, Mr. Palmer hopes to take these teams to new heights. Returning athletes such as Bryce Boyd, Stevie Crocket, and Josh Coleman all will have an influential part in the Ramblers’ success this season.



Senior wrestler Ed Ruff takes on senior Andrew Chludzinski

On the mats this year in wrestling, the Ramblers look to bounce back after losing a few strong wrestlers to graduation. Notably, the Ramblers lost Niko Shrieve and four-time state medalist Jake Gromacki who is continuing his wrestling career as a Pitt Panther. Having lost the previous D10 team meet, this team looks to hopefully come out as this area's champion. The swift and fearless Brandon Sauers and the out-of-retirement Chucky Bizzarro are predicted to lead the Ramblers this season. Also, TaNauz "Junkyard" Gregory and Ed Ruff will be factors.



Senior swimmer Eli Chase doesn't even need a pool to practice his freestyle swim.

The second and final aquatic sport Prep has to offer looks to live up to the highly successful season of the water polo team. The domination of D10 by Prep's "fish" will likely continue this year, despite the loss of a strong senior class. Past seniors such as Zach Miller, Connor Van Hove, and Joe Marin dominated the pool while they swam in the orange and black. The seniors and underclassmen have to step it up in order to continue this excellence. Senior Daniel Bauman and junior Rex Riley are predicted to lead the Ramblers. Bauman dominated the water polo season, breaking several respectable career, season, and game records, and Riley was a third place medalist in the 100m breast stroke at the 2014 PIAA Swim Championships. These aquatic monsters, as well as the rest of the team, look to have a dominant season in the pool this year.



Matt Colpoys holds the follow through from behind the arc.

After the football season ends, Rambler Nation patiently awaits the tip-off of the season opener of CP's second favorite sport to watch: basketball. Fast-paced, energetic, and just flat-out interesting, the basketball team makes their

season debut on December 8. After an unexpected loss in the D10 Championship to McDowell despite two regular season wins against their arch-rival, the Ramblers look to bounce back. Seniors Matt Colpoys, Antonio Frisina, Taylor Mackowski, and Jack Lindenberger as well as juniors Carter Cross and Dajon Heidelberg are projected to be key contributors at the start of the season. Senior Jack Lindenberger says, "We will make a recovery from last year. A lot of guys have been stepping up lately." With the completion of the CPEC coming in the fall of 2015, the Ramblers look to close out the Gannon Hammermill Center with a bang!

Perhaps one of the most anticipated teams the winter sports season has to offer, and undoubtedly one of the most interesting to watch, CP hockey is already underway as the Ramblers boast an undefeated 8-0 record to date. Although the hockey team is dealing with the loss of the strongest senior class among all the winter sports this year and an unfortunate loss in the Pen's Cup to Bishop Canevin, the Ramblers have shown these losses will not linger with them into the 2014-2015 season. Early on, seniors Trevor Faulkner, Hunter Emerson, and Ben Eliason have been dominant threats on the ice. Hopefully, the Cathedral Prep hockey team will continue its early season success to the post-season where they hope to travel down to Penn State for the state championship.